

Clothes		Toiletries		Other	
Anorak	0	Comb	1	Address Book	0
Belt	1	Flannel	2	Air ticket	0
Boots	0	Floss	1	Batteries rechargeable	0
Fleece	1	Handcream	1	Batteries recharger	0
Gloves	0	Lip suncream		Binoculars	
Handkerchiefs	7	Lipsalve	1	Boot Cleaning	
Sandals	1	Mosquito Repellent	1	Camera	
Scarf	1	Nailfile		Camera Battery	
Shirts	3	Razor	3	Camera digital	
Shoes	1+1W	Razor Charger	0	Camera large	
Shorts	1	Shampoo	1	Camera memory card	
Slippers	0	Shaving Cream	0	Camera small	
Socks	8	Soap	2	Cash	€, CH
Sweater	1	Suncream	1	Cash bags	
T shirts	3	Talc	1	Chain / lock	0
Thick socks	0	Toothbrush	1	Chocolates	0
Tie	1	Toothpaste	1	Compass	0
Towel	0			Credit (etc) cards	
Tracksuit bottoms	0			Denplan Details	0
Trainers	0			Diary	0
Trouser (padded)	0	Alvoclar	0	Dictionary	1
Trousers	3	Antibiotics	1	E111	1
Underpants	7	Antihistamine cream	1	Earphones	1
Vests	0	Antiseptic Cream	1	Earplugs	
Waterproof Jacket	W	Cold remedy		Electric Insect repellent + tablets	0
Waterproof Overtrousers	0	Dioreeze	0	Eyeshades	0
Wool Hat	0	Imodium	0	Film	0
Jackets	2	Insect Repellent	1	Filters	0
		Malaria Tablets	0	SD reader for Ipad	1
Check List					
Abel and Cole	1	Mouth Gel		Gadget Bag	0
Credit Card - details phone		Painkillers	1	Glue	0
08000 688638		Paludrine	0	Glasses Case	0
Debit Card - details phone	1	Plasters	1	Ipad	
08459262626 (6261)		Throat pastilles	1	Guide Books	2
Nationwide CC 0845730201		Naproxen	1	Head Torch	
Audrey	1			Highlighter	0
Heating timer		Rail Tickets	0	Hotel Vouchers	0
Lavatory		Safety Pins	1	Insurance	
				India - Post cards	0

Manhole cover		Scrabble	0	Ipod	0
Milkman	1	(sheet) Sleeping Bag	0	Ipod/ipad Charger	1
Modem Unplug		Small Plastic Bags		Maps	2
Radio / Video timer		Small Rucksack		Money Belt	0
Stop Cock		Spare Photos	0	Mosquito Net	0
Taxi		Spoon	0	Mug	0
Tesco		Sunglasses	1	Mug (Insulated)	0
Thermostat		Sunhat	2	Notebook	0
Timeswitch		Swimming Trunks	0	Passport	1
Water Plants		Taxi Phone Number	0	Passport Photocopy	1
Window Locks		Thermometer		Pen	3
N/W CC		Timetables	0	PDA, Cable	0
08457998899		Tissues	1	Pencil	3
		Toilet Paper	1	Penknife	1
		Torch	1	Phone	1
Food/Drink		Travellers' Cheques	0	Phone Charger	0
		Tripod	1	Change for phone	0
		Umbrella	1	Phone Card	0
Chocolates	0	Universal Sink Plug	1	Photocopies of Street Plans	
Coffee	0	Visa Photocopy	0	Phrase Book	1
Drinking Chocolate	0	Walking Stick	0	PINs	0
Snacks	0	Wallet		Playing Cards	0
Sweets	0	Washing Powder, cream	0	Pyjamas	0
Tea Bags	0	Watch		Plug Adaptor	1
		Water bottles	1	Radio	0
		Whistle	0	Puzzles	1
		Pencil Rubber	1	Rucksack Liner	0
		Memory card	1	Rucksack outer	0